



Book Special of the Month

Only \$10.00

“New Days, New Ideas”

So, don't forget to purchase *“New Days, New Ideas”* in order to receive all of the information on **Inspect What You Expect** and **Perseverance**, along with the six other *Points of Power* used to assist you in reaching your maximum potential.

Kenston J. Griffin
Chief Executive Officer

Greetings and Good Day!

Autumn is approaching, students are back in school, and most of us across the country are experiencing extremely warm/hot weather. With change occurring as it is, what a perfect time to ensure that you take an evaluation to see if change needs to occur for you.

Here is a sample of two (2) of the eight (8) helpful *Points of Power* that are in the book special of the month, *“New Days, New Ideas”*.

Inspect What You Expect – Review it and then truly do it. Do not wait another second on taking action towards your desire to succeed. Write the vision and make it plain, and remember to watch more, pray more, and receive more.

Perseverance -

“He failed in business in 1831.
He was defeated for State Legislator in 1832.
He tried another business in 1833. It failed.
His fiancé died in 1835.

He had a nervous breakdown in 1836.
In 1843, he ran for Congress and was defeated.
He tried again in 1848 and was defeated again.
He retried running for Senate in 1855. He lost.

The next year, he ran for Vice President and lost.
In 1859, he ran for Senate again and was defeated.
In 1860, he ran for the highest position that could be held in the United States.

WHO AM I?

Here We Grow Again

Please join the DBC Team in welcoming **Ms. Jorris Edge** to our family. She joined us in August, and we are looking forward to great things from her. She is a Certified Middle Grades Mathematics Educator, who enjoys assisting in changing the lives of individuals of all backgrounds. She strongly believes that “Success comes in ‘cans’ not in ‘cannots’”.

***Ways to Stay on the “Edge”
for 07-08 School Year***
By: Jorris Edge

Well, it's that time of year again. School is back in session. This can be a time of panic for students, parents, and even teachers. Have no fear DBC is here to help you get through the first day of school jitters and assist with continued success throughout the 07-08 school year no matter if you are a student, parent, or a teacher. Listed below are suggestions and ideas to help you stay on the “edge” for the 07-08 school year.



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“When to Say When” Part II

By: Tonya R. Allen

In the August 2007 edition, the journey of evaluating **“When to Say When” Part I**, began with identifying the “Pressures” of LIFE. It also spoke on the development of **Vision** and **Reality** in the realm of REPOSITIONING verses QUITTING. In reviewing, it revealed repositioning verses quitting truly consists of Inspecting Self. As we continue to submerge into **“When to Say When” Part II**, as a company, Dream Builders Communication, Inc. (DBC) believes that some form of daily reflection and/or meditation is vital. The purpose of our daily reflection and/or meditation allows the DBC Team to rejuvenate and the ability to grow stronger in self, critique actions, programs, trainings, and all other venues. Please take a moment and ponder this brief analogy presented during a daily meditation session.



A very wealthy woman was being rescued from a sinking vessel. Once she was safe and secure in the lifeboat, this woman remembered some of her most valuable possessions. Therefore, she got off the lifeboat and returned to her living quarters to retrieve those valuable items. This woman located her precious jewelry and she noticed three small oranges in the same area of her jewelry. Now, if you had to guess, what do you think she went to retrieve? Well, she retrieved the three small oranges. She made a choice of what was valuable to and for her during this Life changing situation. She “Repositioned” herself. What about YOU?



As we continue to travel on this journey of evaluating **“When to Say When”**, DBC wishes to provide strategies of how to effectively Reposition verses Quitting. Listed below are five strategies that will assist you on your “Journey” and in developing your very own “Person Centered Plan of Action”:

Strategy 1:

The **CHOICE** to Reposition verses Quitting must be made. The choice to move or to quit is totally up to the individual, but in order to **MOVE** the decision must be made to either Quit on self or go forward towards success.

Strategy 2:

In true Repositioning, one must **BE OPEN** mentally. This will allow one to receive what is necessary to move forward. If you are closed off to growth then how can new Growth begin? A closed mind can not receive **ANYTHING**.

Strategy 3:

The **APPLICATION** of what has been received is vital. The information is just information, but the implementation of that information is the ongoing development of “your” precious jewel, **SUCCESS**.

Strategy 4:

The development of a **SUPPORT SYSTEM** is important. This process will allow for **ACCOUNTABILITY**. This will provide assistance and support when Life “happens”. The development of a support system will provide the opportunity for assistance and encouragement during **PRESSURE** applied moments. Remember once pressure is applied over time to a piece of coal, a **DIAMOND** is created.

Strategy 5:

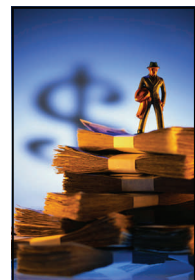
The process of **EVALUATION**. This strategy allows for review of what has been done and the identification of what may need to be implemented, removed, or revised.

As you develop your very own “Person Centered Plan of Action”, the ability to identify your areas of weakness or trigger points will assist in your Repositioning process. **LIFE** is what we make of it, and without “Taping Into Self”, can **SUCCESS** truly be **ACHIEVED**?

The Financial Corner

By: Yolanda M. Polk

How do we handle our emotions when it comes to spending money? All of us, as human beings, have been equipped with the same emotions, even as it relates to finances. All of our bank accounts may not look the same due to how we handle or control these financial emotions.



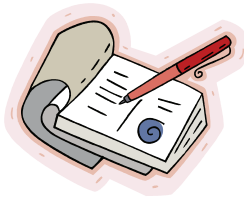
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There's Not Enough Hours in the Day

By: Christopher Land

Do you ever get that feeling of ... "There's Not Enough hours in the Day"? When there are so many things that need to be done and so little time to do them. When you get to work early and stay late, you look up (after missing lunch) and still your desk looks like no work was even done. We've all been there at one time or another. What's up with that?

Let me share with you what I've found. I've noticed that the day before one goes on vacation, just how much he/she can get done - before 2:00 p.m. - working with the purpose of knocking it out, getting it done, and getting out of there early. How is that? Are we just better under the "gun", better in a crunch? No, indeed not, we have the same set of abilities, and the same knowledge base the day before. What really goes on? We'll I subscribe to this theory, proper preparation or scheduling.



Now, we know the day before (for the most part) what's left on our plate for the next day, and what has to get completed. We sometimes even know what's coming our way for the next day. With that being so, how much preparation do we really do? The word preparation starts with "PRE" meaning before. I've found that a thirty minute "prep time" the night before, saves me hours the next day. Taking the time to schedule and prioritize will almost always insure that the important jobs and tasks get done.

Give this a try for one month, and test the theory. Spend approximately thirty minutes each night for prep-time. Write down what is in store for you the next day, and prioritize those tasks from most important to least important. Get an "I'm about to go on vacation, early start", and go for it. You'll be surprised at how quickly you'll process through your list. Most of us have done this anyway, i.e. ... the night before we're going on vacation, you run through the things, in your head, you've got to do at work before leaving.... **preparation.** That's the solution! We don't need any more hours in the day; we need to maximize the 24 we have.

It's that Time of Year Again

By: Mesha C. Cameron

What time is the bus coming? Do you have homework? Mommy, I'm hungry! Can I stay up a little later?... All of these are statements or questions posed at the beginning of the school year. As parents, we really have to take time to make sure that our children are receiving the best education possible. This can happen through many different avenues.

Listed below you will find a few examples of areas of support that have made a difference in my daughter's education.



- ☑ Establishing daily family reading time
- ☑ Going over homework and graded papers together
- ☑ No video games on school nights (*For you, it may be limited video game exposure.*)
- ☑ Building a relationship with your children's teachers early
- ☑ Volunteering in the classroom
- ☑ Creating a routine bedtime (*No later than 9:30pm*)

These are just a few of the components put into place in my home to enhance my daughter's education. When your children begin to see you put value in their education, they will in return do the same thing.

The question is often asked, "Will the Achievement Gap ever CLOSE?" Guess who has the answer?!? YOU!!! Let's join forces and make a difference in the lives of our children! EDUCATION, the best thing since the CREATION!

"Time is free, but it's priceless. You can't own it, but you can use it. You can't keep it, but you can spend it. Once you've lost it you can never get it back."

Harvey MacKay

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Students

- Get enough sleep
- Be prepared. Have all the supplies you need and the pack the night before
- Eat a healthy breakfast
- Pay close attention. On the first day, teachers discuss important information such as classroom rules, seating arrangements, class/homework assignments, procedures, and policies
- Learn your school. Learn the hallways to your classes, the main office, cafeteria, nurse's office, etc.
- Develop good work habits such as writing down assignments and turning in homework on time
- Take your time with school work. If you don't understand something ask the teacher.
- Do Your Best!

Parents

- Register your child if necessary
- Know your child's school hours
- Practice bedtime and morning routines
- Make child care arrangements - before and after school care
- Attend your child's school open house
- Have child's transportation arranged

- Complete lunch application form and emergency health card
- Talk with your child about the upcoming school year. **Remember: Positive**

Teachers

- Familiarize yourself with school grounds
- Review school policies and procedures
- Get acquainted with all faculty and staff
- Prepare your classroom - bulletin boards, set furniture in place, and obtain teacher supplies
- Prepare materials for students to take home the first day of school
- Communicate with parents. Send a letter home (letter includes: information about yourself, list of supplies, syllabus, etc.)
- Have a classroom survival kit (includes - monetary change, bandages, tissues, hand sanitizer, hygiene supplies, etc.)
- Teacher Bag - Inside the bag have a journal and a calendar. Keep a journal of daily events that occurred in the classroom. Calendar - keep record of meetings, observations, and documentations of parent phone calls, emails, and conferences.

Starting the school year and maintaining success can be overwhelming for anyone involved in a school environment. However, if you use these suggestions you will not fall off the success cliff, but you will stay on the "edge".

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The subject of money or becoming financially independent is always an emotional topic. Most people fear losing money, so their minds automatically start playing games and words or phrases come up:

- § I Have Security on my job rather than Pay the Price for Freedom.
- § No Risk rather than learn to Handle Risk.
- § Be Safe rather than learn How to Play Smart.

- § Tell yourself I Can't Afford it rather than ask yourself What Must I Do.
- § Cost too much, rather than What's the Value Long-Term
- § Concern with What Others Think rather than What do I Desire.

In order to get a different result we must do something different. We must become wise in our emotions.

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